

## Bournemouth Arts by the Sea Festival Artist Green Rider

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The Arts by the Sea Festival is committed to working towards safeguarding our natural environment. In a three-year Sustainability Action Plan, the Festival aims to become more ethical, sustainable and reduce our environmental impact, raising awareness of environmental concerns with our venues, artists and audience. Touring has a substantial impact on the environment, and we'd like to keep this to a minimum. We have implemented a number of initiatives for our own activities but also need the support of our Artists and Performers, Promoters and other Partners to make the Festival as environmentally sustainable as possible; your help will be highly valued.

**Please use this Green Rider to reflect on your own practices and to explore opportunities to make sustainable changes. To help our team monitor our broader impact, we have included questions about sustainability in our artist survey.**

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## Energy:

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Did you know, a typical microwave uses more electricity to keep its digital clock on standby than it does heating food? Here are some actions you can take to keep energy-use low:

- Ask your rehearsal and performance venues whether they have an Environmental Policy and Action Plan in place. Do they monitor energy use, buy green energy and encourage staff to ‘think green’ by turning off computers, lights and heating when not in use?
- Consider energy use in your own performances. Are you using the most energy efficient appliances? Are they switched off at the mains after use?

**For Arts by the Sea Festival we ask that you:**

- **use LED lightbulbs where able (if applicable)**
- **liaise with our festival team to avoid the use of generators where possible**
- **switch off any equipment when it is not in use**

## Waste:

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It's predicted that by 2025, the world's cities will produce over three times more waste than in 2009. We are encouraging going low-waste and recycling where waste is unavoidable:

- Invest in more durable, long-lasting and eco-friendly materials.
- Avoid single-use plastics, aerosols, polystyrene.
- Make use of refill stations instead of buying plastic water bottles. Download ["Refill", the app](#) to help you find free refill stations near you.
- Reuse (or recycle) as much as possible during your stay in Bournemouth. Ask your accommodation provider and festival venue to recycle appropriate waste, use the recycling bins available around the town and ask the festival team to help you dispose of waste appropriately.
- Eat in rather than take-away – we have lots of lovely cafes and restaurants where the atmosphere is as good as the food!
- Are conscious of your water usage and source/use water responsibly, avoiding excess or unnecessary use.

**For Arts by the Sea Festival we ask that you:**

- **bring your own reusable water bottle and coffee cups to the festival**
- **use eco-friendly glitter for your sparkles**
- **upcycle or reuse the materials that you use in show production. (For example, procuring/recycling through [Scenery Salvage](#) or local scrap stores/charity shops or donating after use).**

## Travel

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In the UK, the transport sector is now responsible for emitting more greenhouse gases than any other, including electricity production and agriculture.

It's easy to travel sustainably to Bournemouth or while you are here. You can find out about public transport options on the [Getting About](#) website or the [council's website](#)

Most of our outdoor festival venues are in the town centre (the central and lower gardens, town square, pier approach, seafront, bandstand) and any indoor venues are likely to be in the town centre or a short bus journey away.

### Travelling to Bournemouth:

By rail: [Bournemouth Rail Station](#) is the main station for Bournemouth, but there are smaller stations that may be closer to your accommodation or the places you'd like to visit while you're down. Pokesdown Station serves Boscombe and Branksome Station is between Bournemouth and Poole.

By coach: Coaches like the [National Express](#) stop at Bournemouth Station. Again, do check out if they stop closer to your destination as they also serve neighbourhoods like Westbourne.

### Travelling within Bournemouth:

- By bus: our local bus provider is [MoreBus](#). MoreBus often have deals for 3 day or weekend tickets, which are perfect for those going to and from the festival frequently.
- By bike or e-scooter: [Beryl](#) have loads of bikes, e-bikes and e-scooters in bays over the BCP area. Simply download their app to make use of this easy and green travel option! If you're bringing your own, you can find public bike bays around the Town Centre on our [handy map](#).
- By wheels or foot: if you're staying locally then you can always skip transport altogether to get into the centre. Routes through the [gardens](#) or along the [beach](#) are a perfect way to get some headspace and fresh air before & after your performances.

### For Arts by the Sea Festival we ask that you:

- **opt for sustainable transport where possible, using public transport or car sharing if you're able**

## Your Performance and Ethos

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Arts by the Sea aims to have a positive effect on people, place, and planet. By programming performances that relate to global issues, we are working towards our aim of positive impact through audience engagement and reflection.

In our artist survey we will ask the following questions to help us monitor our artistic programme and identify areas that are being addressed within the festival performances:

**1) Does your performance relate to or address any of the following? (Tick all that apply)**

- Climate Change or Climate Action
- Responsible Consumption / Avoiding Waste / Fairtrade
- Sustainability
- Nature or ecology
- Human rights / ethics
- Peace and Justice
- Animal ethics
- Good health and wellbeing
- Reduced inequalities

**2) Does your performance seek to do any of the following? (Tick all that apply)**

- Encourage behaviour changes
- Raise awareness / Improve knowledge
- Provoke conversation and discussion
- Encourage participation in a movement
- Create unity and a sense of community

## Helpful links:

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### General:

Check [our website](#) for a handy map highlighting refill stations, bike stands, charging stations and more.

Download [“Refill”, the app](#) to help you find free refill stations near you.

### Food & Drink:

Search under ‘food community’ on <http://www.sustainablefoodcity.org/food-community> for local businesses, café and restaurants that source sustainable, Fairtrade or local products.

You can also download the [Good to Go](#) app to find reduced food that may otherwise go to waste.

We advise that you eat-in where possible to reduce any takeaway waste.

Some suggestions are:

#### Bournemouth Town:

- [The Arbor Restaurant](#) at the Green House Hotel (local and sustainably sourced food)
- [Mad Cucumber](#) (vegan, locally sourced, seasonal and organic food)
- [Schpoons & Forx](#), at the Hilton (locally sourced and seasonal food)
- [The Stable](#) (locally sourced ingredients)
- [Urban Reef](#) (locally sourced and seasonal food)
- [Espresso Kitchen](#) (organic, Fairtrade, locally ground coffee)
- [Sunrise Organics](#) (independent vegan health food store)
- [Esquires Coffee](#) (ethical coffee franchise)
- [Twelve Eatery](#) (organic plant-based restaurant)
- [Tonic Social](#) (bar serving local bites, coffee and cocktails)
- [South Coast Roast](#) (locally sourced, seasonal and organic food)
- [Urban Garden](#) (locally sourced and seasonal food)

#### Westbourne:

- [Almond & Co](#) (plastic free shop)
- [Ginjams](#) (independent gin bar)
- [Camden Bar & Kitchen](#) (locally-sourced food and fairly traded coffee)

#### Boscombe:

- [Boscanova](#) (locally sourced, seasonal and organic food)
- [Urban Reef](#) (locally sourced and seasonal food)
- [The Black Cherry](#) (fairly traded coffee, independent café)

**Green places to visit:**

- Our beaches

Our beaches are multiple award-winning, including many being Blue Flag beaches. The beach stretches from Sandbanks to Hengistbury Head, with many adjoining chines along the way. Check out this [beach guide](#).

- Bournemouth Gardens

You should encounter Bournemouth's Lower Gardens at the festival, which run from the square to the beach. Don't miss the [Upper gardens](#) though, which are often much quieter and host a wide variety of wildlife. Walk from the square all the way to Coy Pond, and check out the [Upside Gallery](#) enroute.

- Hengistbury Head

This nature reserve is an easy bus trip from the centre (especially if you walk from Southbourne beach). It boasts sea-views, a gorgeous beach, and forest and heathland too. Plus, there's a visitor centre and café for when you fancy a cuppa. Find out [more](#).

- Further Afield

If you aren't local to the area, you might want to make the most of your visit by extending your stay and organising some daytrips to the breath-taking [Jurassic Coast](#), tranquil [New Forest](#), or other beautiful [destinations](#).